

Community Food Resources

Senior Dining Centers

Age 60 & Over or Disabled:

Suggested Donations \$3.50

Under Age 60: Full cost of meals \$8.75

Food Share (Quest Card) accepted

No eligible participant will be denied a meal based on ability to contribute to the cost of the meal.

Under age 60 or disabled, please contact the Nutrition Program Coordinator at 715-635-4460

Reservations are required 24 hours in advance and may be made at the following centers:

Birchwood – “Lakeside Center for Seniors”

110 Euclid Avenue, Birchwood
Serve at 11:30 a.m. Monday-Friday
715-354-3001

Minong – “Minong Senior Center”

700 Houston Street, Minong
Serve at 11:30 a.m. Monday-Friday
715-466-4448

Shell Lake – “Friendship Commons”

118 4th Avenue, Shell Lake
Serve at 12 p.m. Monday-Friday
715-468-4750

Spooner – “Our Neck of the Woods”

402 Oak Street, Spooner
Serve at 12 p.m. Monday –Friday
715-635-8283

Rise n’ Dine Breakfast Program

Age 60+

At Schmitz’s Economart

Suggested donation \$3.50

Tuesdays & Thursdays, 7-11 a.m.
715-635-4460

Nutritional Supplements (Ensure)

Nutritional supplements are available in a variety of flavors at the ADRC office.
715-635-4460

Community Food Resources

FoodShare Wisconsin (Quest Card)

1-888-283-0012 or <https://access.wisconsin.gov/>

FoodShare Outreach Specialist

Screening and application assistance
715-496-3121

WIC-Women, Infant and Children

Nutrition Program

Pregnant or breastfeeding women and children up to age 5 who are income eligible
715-635-4400

School age children may be eligible for free or reduced price school meals. Apply each school year.

During summer months, meals for children under 18 years may be offered during summer school at a school or other location.

Birchwood Food Pantry

(Birchwood area & in a 20 mile radius)

113-115 S. Main Street, Birchwood
1st & 3rd Saturday of the month, 10:30 a.m.-1:30 p.m.
1st & 3rd Monday of the month, 10:30 a.m.-1:30 p.m.
715-416-3139

COMFORTS Food Pantry

405 N. Main Street in Minong
1st Thursday of month, 2-4 p.m.
2nd Wednesday of month, 9:30 a.m.-12 p.m.
3rd Friday of month, 9:30 a.m.-12 p.m.
4th Friday of month, 2:30–5 p.m.
715-466-1066
715-520-0989 (Emergencies)

Gordon Area Food Pantry

9709 E. County Road Y, Gordon
(Near Gordon Town Hall)
Every Wednesday 9 a.m. -12 p.m.
715-376-4798

Community Food Resources

Washburn County Food Pantry

1649 Cottonwood Street, Spooner
Tuesday 9-11 a.m.
Thursday 1-3 p.m.
715-205-3273

Indianhead Community Action Agency

Fridays & Saturdays, 9 a.m.-12 p.m.
110 N. Industrial Drive, Shell Lake
715-532-4222

Ruby’s Pantry (\$20)

Spooner Area School District Vocational Building
780 Elm Street, Spooner
2nd Saturday of the month
Doors open at 8 a.m., Distribution 9-10:30 a.m.

Community Meals (Free)

*Open to all. Share a meal and friendship!
Registration not required.*

St. Francis De Sales Catholic Church

First Thursday of the month, 4-6 p.m.
409 N. Summit Street, Spooner, WI
715-635-3105

United Methodist Church Community Table

Third Wednesday of the month, 4-6 p.m.
312 Elm Street, Spooner, WI
715-635-3227

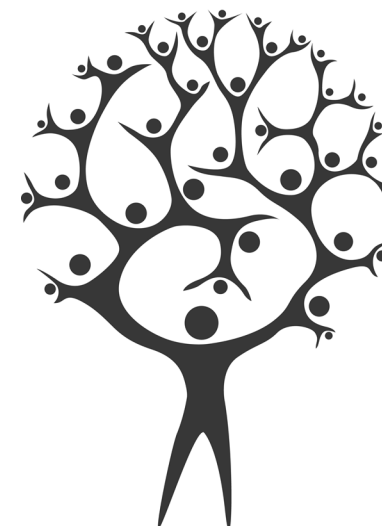
First United Pentecostal Breakfast

Fourth Saturday of the month, 7-10 a.m.
337 Greenwood Avenue, Spooner, WI
715-635-8386

A Pocket Guide to:

- Education and Employment
- Health Services
- Community Food Resources
- Government and Community Services
- Housing

Washburn County, Wisconsin



Prepared by,

Extension

UNIVERSITY OF WISCONSIN-MADISON
Washburn County



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Medical Services

Emergency Numbers:

Call **9-1-1** for Help in an Emergency

Poison Control Number

1-800-222-1222

Emergency Suicide/Mental Health

1-888-552-6642

Hospitals

Indianhead Medical Center
113 4th Avenue, Shell Lake
715-468-7833

Spoooner Health
1280 Chandler Drive, Spooner
715-635-2111

Medical Clinics

Essentia Clinic-Spooner
715-635-2151

Marshfield Clinic-Spooner
715-635-3127 / 715-236-8200

Northlakes Clinic, Minong
715-466-2201

Northlakes Dental Services, Birchwood
715-354-3369

Shell Lake Clinic
715-468-2711

Stone Lake Medical Clinic
715-865-6510

Rice Lake Area Free Clinic
(Open Every Tuesday 5-9 p.m.)
715-736-3733

Health Insurance Marketplace

Applying for health insurance

healthcare.gov

1-800-318-2596

Community Services

Washburn County Health & Human Services

715-468-4747

Washburn County Mental Health Crisis Line

1-888-860-0373

Washburn County Health Department

Application assistance for BadgerCare+, and
Foodshare by appointment 715-635-4400

Home Heating Fuel/ Energy Assistance

715-468-4747

Child Care Assistance or provider lists

715-468-4747 & 1-800-733-KIDS

Child Support

715-468-4747

Aging and Disability Resource Center (ADRC)

Elderly & Disability Benefit Specialists,
Information & Assistance Specialist,
Transportation Coordinator,
Caregiver Support
715-635-4460

Transportation

Need a ride?

Namekagon Transit
Spoooner and Shell Lake
715-634-6633
Option 2 (Please leave a message)
Cell: 715-558-3590

Housing

Albans Homeless Shelter/Salvation Army

715-635-3742

Benjamin's House Emergency Shelter

715-736-2437

Salvation Army Elizabeth Home of Hope

Women and children transitional housing
Must pass background check
715-634-1050

Washburn County Housing

715-645-0406

Community Services

Veterans Service Office

715-635-4470

Home Weatherization Assistance

715-265-4271, Extension 1137

Faith in Action

Elderly and Disabled Adult Support
715-635-2252

Gardening and Farming Resources

University of Wisconsin Extension Area
Agricultural Agents
715-635-3506 or 1-800-528-1914

Well Water Test Kits

University of Wisconsin-Extension
304 2nd Street, PO Box 305, Shell Lake
715-635-4444

Embrace

Domestic & Sexual Violence Advocacy
and Prevention
715-635-5245
24/7/365 Crisis Line:
1-800-924-0556

Birth to Three Program

Child development screening and more
715-468-4747

Lakeland Family Resource Center

Where families connect, play, grow.
715-635-4669

Washburn Christian Outreach

"An Ecumenical Partnership Caring
for Those in Need"
715-468-1043

WCOwashburnco@gmail.com

North Country Independent Living

Empowering People with Disabilities
Integrated Employment, Transportation,
Accessibility, Personal Care
1-800-924-1220

Education / Employment

Washburn County Adult Literacy

Call or text Marsha at 715-651-7868

Workforce Resource

Offers employment services to low-
income Washburn County population
FSET Program, (Lori McFaggan)
715-232-7380, Extension 251
W2 Program (Sally Schrader)
1-877-711-9390, Extension 2510

WITC

Help with GED or HSED
1-800-243-9482, Extension 5308

Northwest Wisconsin Concentrated

Employment Program

Wisconsin Job Center

Assists in job seeking
715-635-2175

SER National (Over Age 55)

715-939-1400

UW-Eau Claire Barron County

715-234-8024

Wisconsin Indianhead Technical

College (WITC)

715-468-2815

Wisconsin Division of Vocational

Rehabilitation

Employment help for people with
disabilities
1-877-387-3879

University of Wisconsin—Extension

Free Financial Coaching & Education
Parenting Education
Nutrition Education
4-H/Positive Youth Development
Natural Resource Education
715-635-4444