



Extension

UNIVERSITY OF WISCONSIN-MADISON

Parents Forever Co-Parenting Class



2022 Dates:

Mar 14-15

July 14-15

8/14-15/20-21

10/14-15/20-21

Time:

6:00-9:00 PM

This class will help parents:

- To understand the experience of family transition and how each family member is affected.
- To understand the role self-care, parent-child relationships, and co-parenting play to ensure child well-being.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.

Cost:

\$20.00 includes the Parent Handbook

Location

Online via Zoom

Register:

<https://bit.ly/ParentsForever>

For more information contact:

Danette Hopke

danette.hopke@wisc.edu

715-635-4446