



Extension

UNIVERSITY OF WISCONSIN-MADISON

Parents Forever Co-Parenting Class



2022 Dates:

September 19th

November 14th

2023 Dates:

January 23rd

March 20th

May 22nd

This class will help parents:

- Describe the family transition journey and how each family member will be affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting in child well-being.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.

Time:

6:00-9:00 PM

Cost:

\$20.00

Location

Online via Zoom

Register:

<https://forms.gle/YPgczdoAgjet7NZi9>

For more information contact:

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