

Community Food Resources

Senior Dining Centers

Age 60 & Over or Disabled:

Suggested Donations \$4.00

No eligible participant will be denied a meal based on ability to contribute to the cost of the meal.

Under Age 60: Full cost of meals \$12.00

Food Share (Quest Card) accepted.

Under age 60 or disabled, please contact the Nutrition Program Coordinator at 715-635-4460

Reservations are required 24 hours in advance and may be made at the following centers:

Birchwood - "Lakeside Center for Seniors"

110 Euclid Avenue, Birchwood
Serve at 11:30 a.m. Monday-Friday
715-354-3001

Minong - "Minong Senior Center"

700 Houston Street, Minong
Serve at 11:30 a.m. Monday-Friday
715-466-4448

Shell Lake - "Friendship Commons"

210 4th Avenue, Shell Lake
Serve at 11:30 a.m. Wednesdays & Thursdays
715-468-4750

Spooner - "Our Neck of the Woods"

402 Oak Street, Spooner
Serve at 12 p.m. Monday - Friday
715-635-8283

Community Food Resources

FoodShare Wisconsin (Quest Card)

1-888-283-0012 or <https://access.wisconsin.gov/>

FoodShare Outreach Specialist

Screening and application assistance
715-496-3121

WIC-Women, Infant and Children

Nutrition Program

Pregnant or breastfeeding women and children up to age 5 who are income eligible
715-635-4400

Birchwood Food Pantry

(Birchwood area & in a 20 mile radius)

113-115 S. Main Street, Birchwood
1st & 3rd Saturday of the month, 10:30 a.m.-1:30 p.m.
1st & 3rd Monday of the month, 10:30 a.m.-1:30 p.m.
715-416-3139

Comforts Food Pantry

405 N. Main Street in Minong
1st Thursday of month, 2-4 p.m.
2nd Wednesday of month, 9:30 a.m.-12 p.m.
3rd Friday of month, 9:30 a.m.-12 p.m.
4th Friday of month, 2:30-5 p.m.
715-466-1066
715-520-0989 (Emergencies)

Ruby's Pantry (\$22)

Washburn County Fairgrounds
8000 West Beaverbrook Ave., Spooner
2nd Saturday of the month
Doors open at 8 a.m., Distribution 9-10:30 a.m.

Spooner Memorial Library Compassion Kitchen

Food packages available in the Library entryway
Monday—Saturday during normal library hours
421 High Street, Spooner, WI
715-635-2792

Books & Bread

4th Wednesday of the month
10:30 –11:30 a.m. Church of the Nazarene, Spooner
12:00 p.m.-1:00 p.m., Christ Lutheran, Trego

Community Food Resources

Washburn County Food Pantry

1649 Cottonwood Street, Spooner
Tuesday 9-11 a.m.
Thursday 1-3 p.m.
715-205-3273

Lakeland Family Resource Center

Pop-up Food Pantry

819 Ash St.
(Old Spooner Hospital entryway)
Self-serve pantry
Daily 5am—8pm

Food 4 Families (LFRC)

F4F is a nonprofit program serving families in Washburn County who house at least one child 5 years of age or younger. You will receive a number of meal kits per month with pre-prepped meals for your family. Bryanna Green, Program Coordinator
218-206-6675

Indianhead Community Action Agency

Fridays & Saturdays, 9 a.m.-12 p.m.
110 N. Industrial Drive, Shell Lake
715-532-4222

Community Meals (Free)

*Open to all. Share a meal and friendship!
Registration not required.*

Cornerstone Christian Church

Fourth Saturday of the month, 7:30-9:30 p.m.
106 Balsam Street, Spooner, WI
715-635-9222

United Methodist Church Community Table

Third Wednesday of the month, 4-6 p.m.
312 Elm Street, Spooner, WI
715-635-3227

First United Pentecostal Breakfast

Fourth Saturday of the month, 7-10 a.m.
337 Greenwood Avenue, Spooner, WI
715-635-8386

A Pocket Guide to:

- Education and Employment
- Health Services
- Community Food Resources
- Government and Community Services
- Housing

Washburn County, Wisconsin



Prepared by,

Extension

UNIVERSITY OF WISCONSIN-MADISON

Washburn County



An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming including Title IX and ADA requirements.

Revised March 1, 2023

Medical Services

Emergency Numbers:

Call **9-1-1** for Help in an Emergency

Poison Control Number

1-800-222-1222

Hospitals

Indianhead Medical Center
113 4th Avenue, Shell Lake
715-468-7833

Spooner Health
1280 Chandler Drive, Spooner
715-635-2111

Medical Clinics

Essentia Clinic-Spooner
715-635-2151

Marshfield Clinic-Rice Lake
715-236-8200

Northlakes Clinic, Minong
715-466-2201

Northlakes Dental Services, Birchwood
715-354-3369

Shell Lake Clinic
715-468-2711

Stone Lake Medical Clinic
715-865-6510

Rice Lake Area Free Clinic
(Open Every Tuesday 5-9 p.m.)
715-736-3733

Health Insurance Marketplace

Applying for health insurance

healthcare.gov

1-800-318-2596

Community Services

West CAP - Energy Assistance

715-265-4271 Press 0 for receptionist or
1-800-606-9227, Fax: 715-265-7031
Website: <https://westcap.org/>
Email: westcap@wcap.org

Child Care Assistance or provider lists

715-468-4747 & 1-800-733-KIDS

Washburn County Mental Health Crisis Line

1-888-860-0373

Washburn County Health Department

Application assistance for BadgerCare+, and
Foodshare by appointment 715-635-4400

Aging and Disability Resource Center (ADRC)

Elderly & Disability Benefits;
Information & Assistance, Transportation
Coordinator, and Caregiver Support
715-635-4460

Transportation

Namekagon Transit
Spooner and Shell Lake
715-634-6633 Option 2 (Please leave a message)
Cell: 715-558-3590

Housing

Albans Homeless Shelter/Salvation Army

715-635-3742

Benjamin's House Emergency Shelter

715-736-2437

Salvation Army Elizabeth Home of Hope

Women and children transitional housing
Must pass background check
715-634-1050

Washburn County Housing

715-635-2321

Wild Rivers Habitat for Humanity

Affiliate Office

1357 North River St., Spooner, WI
715-939-1390

Community Services

Veterans Service Office

715-635-4470

Home Weatherization Assistance

715-265-4271, Extension 1137

Faith in Action

Barbara Coulter, Program Director
Mission is to provide food, prescriptions
and library delivery. Light yard work,
check-ins and social programs to Seniors
715-635-2252

Gardening and Farming Resources

University of Wisconsin Extension Area
Agricultural Education
715-635-3506 or 1-800-528-1914

Well Water Test Kits

University of Wisconsin-Extension
304 2nd Street, PO Box 305, Shell Lake
715-635-4444

Embrace

Domestic & Sexual Violence Advocacy
and Prevention
715-635-5245
24/7/365 Crisis Line:
1-800-924-0556

Birth to Three Program

Child development screening and more
715-468-4747

Lakeland Family Resource Center

Where families connect, play, grow.
715-635-4669

Washburn Christian Outreach

"An Ecumenical Partnership Caring
for Those in Need"
715-468-1043

WCOwashburnco@gmail.com

IndiGO

Empowering People with Disabilities
Integrated Employment, Transportation,
Accessibility, Personal Care
1-800-924-1220

Education / Employment

Washburn County Adult Literacy

Call or text Marsha at 715-651-7868

Workforce Resource

Offers employment services to low-
income Washburn County population
FSET Program, (Megan Spexet)
877-711-9390, Extension 2511
W2 Program (Sally Schrader)
1-855-792-5439, Extension 2510

Northwest Wisconsin Concentrated

Employment Program

Wisconsin Job Center

Assists in job seeking
715-635-2175

SER National (Over Age 55)

715-939-1400

UW-Eau Claire Barron County

715-234-8024

Northwood Technical College

GED or HSED Instruction
marsha.iverson-smith@northwoodtech.edu
Admin. Office 715-468-2815

Wisconsin Division of Vocational Rehabilitation

Employment help for people with
disabilities
1-877-387-3879

University of Wisconsin—Extension

Free Financial Coaching & Education
Parenting, Nutrition &
Natural Resource Education
4-H/Positive Youth Development
715-635-4444