



Parents Forever: Co-Parenting Class

2024 Available Dates:

January 22nd

March 18th

May 13th

July 8th

September 9th

November 4th

Time: 6:00-9:00 PM Cost:

\$20.00 (in county)

\$35.00 (out of county)

Location: Online via Zoom



This class will help parents:

- Describe the family transition journey and how each family member is affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting to support child well-being.
- Understand the value of keeping children out of the middle of conflict.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.



Register:

<https://go.wisc.edu/2nyjet>

For more information, contact:

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