



# Parents Forever Co-Parenting Class

## Registration Required:

<https://go.wisc.edu/2nyjet>

## Upcoming Dates

November 4 2024

January 20, 2025

March 10, 2025

May 5, 2025

**Time: 6:00-9:00 PM**

**\$20.00 (in county)**

**\$35.00 (out of county)**

**Location: Online via Zoom**



This Class will help Parents:

- Describe the family transition journey and how each family member is affected. Recognize the role of self-care, parent-child relationships, and co-parenting to support child well-being.
- Understand the value of keeping children out of the middle of conflict.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.



## CONTACT

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Extension

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